

CHENANGO COUNTY HEALTH DEPARTMENT

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PRESS RELEASE

Date:

Release Date:

Contact:

STAY HOME, STAY SAFE Out of County Visitors Should Self-Isolate for 14 Days

Typically Chenango County welcomes a variety of travelers from outside our area who visit and stay at second homes, short-term rentals, campgrounds, motels and hotels. Some may be seeking refuge from COVID-19 hotspots. Individuals who are traveling to Chenango County from the New York City greater metropolitan area, and any other areas hard hit by COVID-19, are asked to notify the Chenango County Department of Health upon their arrival by phone, and **self-isolate for 14 days**. During the 14-day period, you should monitor all household members for signs and symptoms of COVID-19. These include fever, cough and shortness of breath. This 14 day self-isolation will limit the spread of COVID-19 in the community.

We want to remind you that this is a global pandemic. In keeping with federal and state mandates warning people to **stay at home and limit their movements**, Chenango County strongly advises that you postpone your travels in or out of the County until this Health Emergency is over. If that is impossible, we ask that seasonal residents, landlords, hotel/motel operators, and all other temporary lodging providers verify that occupants are following Governor Cuomo's, President Trump's and the Center for Disease Control's guidelines.

You and your families have a critical role to fulfill in slowing the rapid spread of the Coronavirus, which can be very dangerous to the elderly as well as people with underlying health conditions. Positive cases are equally distributed throughout Chenango County, so we can also assume that unidentified cases are also widespread. Our county residents should **STAY HOME, STAY SAFE. Visitors from outside the area should do the same.** The risk of spreading COVID-19 increases with the movement of non-residents in and out of Chenango County.

Individuals who travel here increase the pressure on our limited resources, including first responders, health care providers, hospitals and other government services. It could easily strain our health care system beyond its capacity. You should not have an expectation that

resources will be available to you here that are not also available to you in your own home town. We look forward to a return of normalcy in the near future, when we can again welcome visitors to our area with open arms.

For more information about COVID-19 go to:

www.cdc.gov/coronavirus

www.coronavirus.health.ny.gov

Persons with questions or requiring additional information may contact the
Chenango County Health Department at **(607) 337-1660**.

Promoting and protecting health, safety, and the quality of life in Chenango County