

COMMUNITY SUBSTANCE USE DISORDER SERVICES RESOURCE GUIDE

ADDICTION CENTER OF BROOME COUNTY (ACBC)

607-723-7308 Fax 607-724-4626

30 W State Street Binghamton, NY 13901

<http://www.addictionctrofbroomecounty.org/Pages/default.aspx>

Outpatient groups include **Beginners Addiction** groups, **Intensive Outpatient** groups, **Outpatient Rehabilitation** groups, **Aftercare & Relapse Prevention** groups along with **Co-occurring Disorders (COD)** and **Women's** groups. Specialty groups include **Codependency**, **Men's & Women's TREM**, **Nurturing Parenting**, **Creative Arts**, **Anger Management** and **Wellness Self-Management**. **Accepts Medicaid and other insurance and works with individuals to ensure access.**

Providing **Community Family Education**, **COD medication management** and **Vivitrol/Naltrexone medication assisted therapy** with **Ambulatory Detox Services** starting **2017**.

Dual Recovery Coordinator 607-778-1162

Coordinates and works to enhance treatment for individuals with co-occurring mental health and substance use disorders.

Family Support Navigator 607-422-4242

Assists families and individuals with gaining an increased understanding of the progression of addiction and how to navigate insurance and treatment systems.

Broome County Chemical Dependency Services Unit (CDSU) 607-778-1253

provides brief chemical dependency assessments/monitors individual cases each month for the Department of Social Services (DSS). DSS relies on CDSU to act as liaison with treating agencies and as consultant with DSS staff when needed.

Broome County SAFE line (607) 778-6119

a volunteer will take information and begin searching a network of treatment facilities accepting new patients and assist with arrangements for substance abuse treatment.

BROOME COUNTY SHERIFF ASSISTED INITIATIVE

607- 778-1911, extension 1

<http://www.gobroomecounty.com/node/56763>

Available 24 hours a day, 7 days a week-program allows people looking for substance abuse treatment help with obtaining transport to either the ACC at 247 Court Street in Binghamton or UHS Binghamton General Hospital located at 10-42 Mitchell Avenue in Binghamton.

FAIRVIEW RECOVERY SERVICES

<http://frsinc.co/>

Fairview Addiction Crisis Center (ACC)

607-722-4080 Fax 607-723-1858

247 Court Street, Binghamton, NY 13901

Twenty short-term medically monitored withdrawal beds along with assisting individuals with treatment referrals to appropriate levels of care.

Fairview Community Residence & Merrick Community Residence

607-722-8987 Fax 607-722-6767

5 Merrick Street, Binghamton, NY 13904

Supportive Living: Women and Children 607-722-8987 Fax 607-722-6767

5 Merrick Street, Binghamton, NY 13904

Shelter Plus Care 607-722-8987 Fax 607-722-6767

5 Merrick Street, Binghamton, NY 13904

Housing Plus Care MRT PSH 607-722-8987 Fax 607-722-6767

5 Merrick Street, Binghamton, NY 13904

Supportive Services: Career Choices Unlimited 607-722-8987 Fax 607-722-6767

5 Merrick Street, Binghamton, NY 13904

Harm Reduction Services

Broome County Prevention Point Syringe Exchange

(607) 798-1706 EXT. 129

www.fixsafe.org

277 Main Street, Johnson City, NY 13790

LOURDES YOUTH SUBSTANCE ABUSE PREVENTION

(607) 584-3110

<https://www.lourdes.com/centers-and-services/youth-services/>

Provides alcohol, tobacco, heroin and opioid education to the community & schools, prevention counseling in school districts and **Death After Overdose Recovery and Support (DORS) Group 607-584-9160.**

NEW YORK STATE OFFICE OF ALCOHOL SUBSTANCE ABUSE SERVICES (OASAS)

HOPEline – 1-877-846-7369-24 HOURS

www.oasas.ny.gov

NYS OASAS licensed providers posting for available treatment beds

www.oasas.ny.gov/provider

UNITED HEALTH SERVICES (UHS) 607-762-2200

<http://www.uhs.net/>

Admissions to **inpatient/outpatient/adolescent treatment 607-762-2901**

Accepts Medicaid, Medicare & all other private insurance.

New Horizons inpatient unit 607-762-2255

New Horizons outpatient 607-762-3288

Includes **intensive outpatient, step down, aftercare (men's & women's), recovery management, recovery life skills, criminal justice, DWI, dual disorders and early intervention groups** along with a **weekly community family educational program**

CRISIS LINE 607-762-2257 (addictions crisis line)

UHS SOUTHERN TIER DRUG ABUSE TREATMENT CENTER (STDATC)

medication assisted therapy (MAT)

Methadone 607-762-2800

Suboxone 607-762-2901

YWCA (607) 772-0340 x223

80 Hawley Street Binghamton, NY 13901

Providing supportive living and individual case management services for women and their children facing substance abuse problems and includes **the Bridge** Program which offers residential services for women with opioid addicted babies.

SELF HELP & OTHER RESOURCES

ALCOHOLICS ANONYMOUS (AA) - 24 Hours 607-722-5983

www.aabinghamton.org

CLEAR PATH FOR VETERANS is Upstate New York's Veteran Resource Center serving as a hub of information, programs and resources. A welcoming community of staff and volunteers serving all Veterans and their families. As a single point of contact for Veterans, military members and their families they engage, support, and make it easy to connect with what you need with commitment to providing a welcoming place to call home. **1-315-715-2408**

<http://www.clearpath4vets.com/>

HEROIN ANONYMOUS

<http://heroinanonymous.org/>

“Still Breathing” meeting @7:30 PM Saturdays 43-45 Carroll St Binghamton, NY 13901

Contact Vince G. (607) 232-9249 for more local meeting info

NARCOTICS ANONYMOUS (NA) 607-774-4907

<https://www.na.org/>

SMART RECOVERY

www.HOPE607.org

Supportive peer counseling for persons in recovery-Utilizes “SMART” Recovery Program

Teen Prescription (Rx) Drug Abuse Awareness School Tool Kit

http://www.smartmovesmartchoices.org/pdfs/SmartMoves_SchoolToolKit_Web.pdf

<http://www.smartmovesmartchoices.org/school-tool-kit>

Drug and Alcohol Prevention Tools for Parents and Other Adult Caregivers

<http://partnership4change.org/parents/parent-tool-kits/>

FAMILY RESOURCES

ACOA (for adult children of alcoholics and addicts) www.Adultchildren.org

Al-Anon (for family members of alcoholics) 607-722-0889

<http://www.al-anon.org> or www.alanonlateen.org

Codependents Anonymous (for codependent individuals) www.coda.org

Community Reinforcement and Family Training (CRAFT) skills to help you child and family

heal <http://drugfree.org/article/skills-to-help-your-child-and-family-heal/>

Families Anonymous 607-765-6862/607-341-2747

<http://www.familiesanonymous.org>

Gam-anon (for family members of gamblers) www.gam-anon.org

Nar-Anon (for family members of addicts) www.nar-anon.org

Family Resource Center <http://www.familyresourcectr.org/>

OPIATE & HEROIN AWARENESS TOOLKIT: A Prevention Guide for Families

<file:///C:/Users/CAK072955/Downloads/Opiate%20Heroin%20Toolkit%20Stacked.pdf>

PARTNERSHIP FOR DRUG FREE KIDS line- Counselors listen to each caller’s story — the challenges, setbacks and emotions that come along with a child’s substance use. Next, they’ll propose a personalized course of action and share the best tools and resources to help you help your child, yourself and your family.

1-855-DRUGFREE (1-855-378-4373) <http://drugfree.org/article/get-one-on-one-help/#gethelp2>

HELPLINE <http://www.drugfree.org/get-help/helpline>

I Think My Child is Using <http://www.drugfree.org/think-child-using/your-first-step-ask>

I Know My Child is Using <http://www.drugfree.org/know-child-using/i-know-my-child-is-using>

Available Monday-Friday, 9am – 5pm ET

Closed weekends and holidays

English and Spanish

SAMSHA HELP LINE <http://www.samhsa.gov/find-help/national-helpline>

PRIVATE THERAPISTS

Patricia Jordan LCSW-R 607-953-4125
4513 Old Vestal Road Vestal, NY 13850

Ruth E. Ferrari MS, CNS, NPP 607-727-7001 x319
4513 Old Vestal Road Vestal, NY 13850

List of Reading and Other Resources

Alcoholism The Genetic Inheritance (book) Kathleen W. Fitzgerald

An Adult Child’s Guide to What’s “Normal” (book) John Friel/Linda Friel

Beyond Addiction: How Science and Kindness Help People Change (book).....Carrie Wilkens, PhD, Nicole Kosanke, PhD & Jeff Foote, PhD

Beyond Codependency (book) Melody Beattie

Codependency for Dummies (book) Consumer Dummies Staff, Darlene Lancer

Codependent No More (book) Melody Beattie

Courage To Change (book) Al-Anon Family Groups

Dear Kids of Alcoholics (book) Lindsey Hall

Facing Codependence (book) Pia Melody

Getting Them Sober, volume one -- you CAN help! Toby Drews

One Day at A Time (book) Al-Anon Family Groups

Paths To Recovery: Al-Anon's Steps, Traditions and Concepts (book) Al-Anon Family Groups

The Adult Children of Alcoholics Syndrome (book) Al-Anon Family Groups

The Language of Letting Go (book) Melody Beattie

The Responsibility Trap (book) Claudia Boyko with JoAnn Krestan

What Addicts Know: 10 Lessons from Recovery to Benefit Everyone (book) Christopher Kennedy Lawford

Why Don't They Just Quit? What families and friends need to know Joe Herzanek

Recovering My Kid: Parenting Young Adults in Treatment and Beyond Joseph Lee, MD

Governor Cuomo's videos on accessing treatment

<https://www.governor.ny.gov/news/governor-cuomo-launches-video-series-educate-and-inform-new-yorkers-about-addiction-treatment>

Center for Motivation and Change <http://addictionthenextstep.com/interactive-guide/#>

Portrait of Recovery <http://billmoyers.com/content/moyers-on-addiction-close-to-home/>

Addiction Recovery Guide Addiction and recovery resources

www.addictionrecoveryguide.org

Medication-Assisted Treatment eBook for Parents & caregivers of Teens & Young adults addicted to opioids <http://drugfree.org/wp-content/uploads/2017/02/Medication-Assisted-Treatment-ebook.pdf>

Addiction and the Family: Healing and Recovery (podcast)

<http://store.samhsa.gov/product/Addiction-and-the-Family-Healing-and-Recovery/DVD252>

<http://www.samhsa.gov/product/A-Guide-for-Taking-Care-of-Your-Family-Member-After-Treatment-in-the-Emergency-Department/SMA08-4357>

<http://store.samhsa.gov/product?It-Feels-So-Bad/SMA12-4160>

<http://www.samhsa.gov/product/It-s-Not-Your-Fault-NACoA-7MS732>

<http://www.samhsa.gov/product/Alcohol-and-Drug-Addiction-Happens-in-the-Best-of-Families/SMA12-4159>

<http://www.samhsa.gov/product/What-Is-Substance-Abuse-Treatment-A-Booklet-for-Families/SMA14-4126>