



Public Health
Prevent. Promote. Protect.
Chenango County Health Department

- ◆ Classes 1 and 2 are held in the
Maternity Education Room—Maternity Unit
UHS Chenango Memorial Hospital 337-4122
- ◆ Class 3 is held at the
Chenango County Public Health, Basement Level, County Office Building
5 Court Street, Norwich NY 13815 337-1660
- ◆ Each class runs from 6pm - 8:30pm
- ◆ To register call 337-4122

There are many benefits for attending this FREE program.

Give-Aways each session

Hands-on training to care for your newborn

Be among others who have the same concerns and questions

Hospital Tour

Registered nurses and community experts available to answer your personal questions and concerns

Call to register
337-4122

2018 Class Schedule Dates

<i>January Series</i>	Class 1	The Birthing Experience	January 8, Monday
	Class 2	Labor Preparation & Breast Feeding	January 10, Wednesday
	Class 3	Care of the Newborn & Community Resources	January 11, Thursday
<i>March Series</i>	Class 1	The Birthing Experience	March 5, Monday
	Class 2	Labor Preparation & Breast Feeding	March 7, Wednesday
	Class 3	Care of the Newborn & Community Resources	March 8, Thursday
<i>May Series</i>	Class 1	The Birthing Experience	May 7, Monday
	Class 2	Labor Preparation & Breast Feeding	May 9, Wednesday
	Class 3	Care of the Newborn & Community Resources	May 10, Thursday
<i>July Series</i>	Class 1	The Birthing Experience	July 9, Monday
	Class 2	Labor Preparation & Breast Feeding	July 11, Wednesday
	Class 3	Care of the Newborn & Community Resources	July 12, Thursday
<i>September Series</i>	Class 1	The Birthing Experience	September 10, Monday
	Class 2	Labor Preparation & Breast Feeding	September 12, Wednesday
	Class 3	Care of the Newborn & Community Resources	September 13, Thursday
<i>November Series</i>	Class 1	The Birthing Experience	November 5, Monday
	Class 2	Labor Preparation & Breast Feeding	November 7, Wednesday
	Class 3	Care of the Newborn & Community Resources	November 8, Thursday