

Healthy Choices

The Chenango County Youth as Resources Committee is conducting the *Healthy Choices* program at various youth program sites, during the summer of 2012. The program is funded with Chenango County DWI, New York State Office of Children and Family Services and Chenango County Youth Bureau funding.

An increasing number of adolescents are experimenting with materials that are hazardous to their health, one of which is smoking. The *Healthy Choices* program has been designed to remind **you** what choices do to **your** health; and encourage your parents to discuss the issue of substance use with **you**.

Statistics show that 90% of new smokers are children and teens. These *new* smokers *replace* the smokers who quit or die prematurely from smoking related diseases. Youth are encouraged to **start** smoking with messages contained in advertising; having tobacco available for use; and receiving mixed messages from friends and family who do smoke.

The *Healthy Choices* program hopes to *turn youth and their families on, to making healthy leisure choices.*

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County Youth Bureau Director

CHENANGO COUNTY STOP DWII YOUTH BUREAU

County Youth Bureau Vision
Build a strong foundation for all youth to become healthy, productive members of our community.

2012 Annual Progress Report



Assessment of Youth needs
Empowering *families*
Empowering youth:
Evaluate programs
Technical Assistance to programs
Research on Youth Issues
Information & Referral Website
Allocation of State Funds
Aggressive Advocacy
Recognition of Exemplary Individuals &
Programs: biannual *Youth Awards*

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**From the
Chairman of the Board**
Lawrence Wilcox

I am pleased to accept the 2012 Annual Report for the Chenango County Youth Bureau and Youth Board.

The County Youth Bureau, County Youth Board and committees can be proud of the services they provide to the youth and families of our county.

In 2009, the Chenango County Youth Bureau, initiated the *Healthy Choices* program, to have youth receive information on making healthy life style choices during summer recreation. The continued support of a *Service List* for Police Officials to provide to persons involved in Domestic calls provides our residents with a resource to use; and updated *Youth and Family Activity Opportunities* guide is available on line.

Additionally, the Bureau was able to secure \$700 from Preferred Mutual; and \$600 from the County American Legion to support the Healthy Choices program and facilitate the continuation of youth projects.

The Youth Bureau also continued to manage the county and municipal programs supported through the Office of Children & Family Services funding streams; which enriched the lives of hundreds of youngsters in our community.

Congratulations to the Chenango County Youth Bureau and Youth Board for a very successful year.

**From the
Youth Bureau Director**
Kathryn J. Clemens, MS

I am honored to submit the 2012 Annual Report for the Chenango County Youth Bureau and Youth Board. Last year was a very productive year for the Youth Bureau/Board:

- ◇ Continuation of the *Healthy Choices* program to include healthy eating choices to target community needs.
- ◇ Submit revisions to the OCFS *Children and Family Services Administrative and Strategic Plans*.
- ◇ Updating the *Service Listing* resource for Police Officials to provide to persons involved in domestic calls.
- ◇ Continuation of the municipal and county programs supported with OCFS funding and submission of the Administrative and Strategic Components.
- ◇ Inclusion on the United Way, Drop out prevention Task Force.
- ◇ Addition of the *Parent Project* program in cooperation with the Probation Department to provide parents proven methods to facilitate change within their homes.

We look forward to the continued challenges & joys to serve children, youth and families in Chenango County.

Achievement toward Strategies

Touchstone: Citizenship #5

Goal 3. Children and youth will demonstrate good citizenship as law-abiding, contributing members of their families, schools and communities.

Objective. Children and youth will make constructive use of leisure time activities. (TS#6)

- Municipal funding for recreation programs set at \$1000 eligibility (or –7% of 2009 levels if under 2009 minimum) and municipal youth service state guarantee maintained.
- A database was continued with each program, to identify the number of youth in programs engaged in creative, school sports, school clubs, community clubs, community activities, reading or hobbies for activities. All recreation programs achieved a 100% success rate; with Oxford Youth Center.

Touchstone: Community #8

Goal 4. New York State communities will provide youth and their families with opportunities to help them meet their needs for physical, social, moral and emotional growth.

Objective: Communities will make available/accessible formal and informal services (e.g. child care, parent training, recreation, youth services, libraries, museums, parks). (TS#1)

- > The Youth Bureau copied a *Service Listing* for police agencies to disseminate to persons involved in domestic calls.

Objective: Adults in the community will provide youth with good role models and opportunities for positive adult interactions. (TS#2)

- Youth Bureau funds the *summer youth and recreation* programs, which provides supervision with youth at least three times weekly.

Objective: Communities will provide opportunities for youth to make positive contributions to community life and to practice skill development. (TS#3)

- The County Youth Bureau secured matching funds from the American Legion for the continuation of Healthy Choices.

Our Sincere Thanks

Achievement toward Strategies

Touchstone: Economic Security #2 (TS)

Goal 1. Youth will be prepared for their eventual economic self-sufficiency.

Objective: Youth seeking summer jobs will have employment opportunities. (TS #3)

- > On-Site monitoring visits scheduled and completed. Findings incorporated in the Director's quarterly reports. Municipal claims and annual progress reports completed.
- > The Aquatic Training program, continued in 2012, at no charge, allowing 10 county youth to become WSI and/or YMCA Lifeguard certified. Funding was secured through Economic Development funding.
- > Continued recommendation of the Office of Employment and Training Services to the Court System: Justices, District Attorney, Public Defender and Courts.

Touchstone: Physical/Emotional Health #3

Goal 2. Children and youth will have optimal physical and emotional health.

Objective: Children and youth will be emotionally healthy. (TS#5)

- Support programs addressing social competencies to successfully function within the home, school and community; and reinforce family expectations and rules governing their child's behavior consistent with social standards. Funding was used to support the Parent Project. Two classes have been conducted thus far. Data to be provided when available.

Objective: Children and youth will be free from health risk behaviors (e.g. smoking, drinking, substance abuse, unsafe sexual activity). (TS#6)

- *Healthy Choices* program was modified to include a healthy eating component and access Service Learning funding which was conducted at 11 sites, serving 840+ youth.
- The *Teen Maze* event will continue to be offered to all County schools for the 2013 year.

Completion of the *Children & Family Services Plan: Administrative and Strategic Components* submitted to the Office of Children & Family Services, November 2, 2006.]
() refer to pp 4 for a listing of the *NYS Touchstone/Kids Count Data Book. 2006: Life Areas, Goals and Objectives.*

2012 County Youth Board Members

Sheri Howe, Chair	Deputy Sheriff
Gary Waffle, Vice Chair	Director, Office of Employment and Training
Thomas Kelly, Esq.	Associate Court Attorney, Chenango MultiCourt
Kecia Funaro-Burton	Preferred Mutual Ins. Co.
Lois LoPresti,	DSS Staff Development Coordinator
Dan Auwater	Catholic Charities, Crossbridge Director
John Cameron, Esq.	Public Defender
Ross Iannello	Supervisor Town of New Berlin
Robert Mason	City Youth Bureau Director
Joseph McBride, Esq.	District Attorney
Joanne Moxley, MSW, CSW	Bainbridge-Guilford Counselor
Jamey Mullen	Executive Director, Norwich YMCA
Karen Osborn	Probation Director
Gard Turner	City of Norwich Police Officer

Allocation Committee Sheri Howe, Ross Iannello, Lois LoPresti,.

By-Laws Committee Board Chair, 2 vacant

Planning Committee Sheri Howe, Deputy Sheriff's Office; Karen Osborn, Probation Director; Marcus Flindt, Public Health Director; Gary Waffle, OE&T Director; ; Joanne Moxley, B-G School Social Worker; Ruth Roberts, Community Services Director; Janice Burt-Ashton, DSS Deputy Commissioner.

Public Relations Committee Sheri Howe, Deputy Sheriff's Office; Public Health Educator; Dan Auwater, Catholic Charities.

Youth As Resources Committee 2 slots available for youth from Cornell Cooperative Extension and./or the Place

Youth Awards Committee Bob Mason, C Youth Bureau; Sheri Howe, Deputy Sheriff's Office

Economic Security

Goal 1: Children/youth will be raised in families with economic resources to meet their basic needs.

Objective 1: Children will be raised in households with sufficient economic resources to provide food, clothing, shelter and other necessities. Objective 2: Children & youth will receive adequate financial support from absent parents.

Goal 2: Youth will be prepared for their eventual economic self-sufficiency.

Objective 1: Youth will have skills, attitudes and competencies to enter college, workforce or other activities.

Objective 2: Young adults who can work will have opportunities for employment.

Objective 3: Youth seeking summer jobs will have employment opportunities.

Physical and Emotional Health

Goal 3: Children and youth will have optimal physical & emotional health.

Objective 1: Children/youth will be born healthy. Objective 2: Children/youth will be free from preventable disease/ injury.

Objective 3: Children/youth will have nutritious diets. Objective 4: Children/ youth will be physically fit.

Objective 5: Children/youth will be emotionally healthy. Objective 6: Children/youth will be free from health-risk behaviors

Objective 7: Children/youth will have access to timely/appropriate prevent/primary health care.

Objective 8: Children w/ special health care needs will experience an optimal quality of life.

Objective 9: Children/youth w/ service needs due to mental illness, developmental disability, &/or substance abuse problems will have access to timely and appropriate services.

Education

Goal 4: Children will leave school prepared to live-learn-work in communities as contributing member of society.

Objective 1: Children will come to school ready to learn. Objective 2: Students will meet or exceed high standards for academic performance and demonstrate knowledge of skills required for life long learning & self-sufficiency.

Objective 3: Students will be educated in a safe, supportive, drug-free, nurturing environment.

Objective 4: Students will stay in school until successful completion.

Citizenship

Goal 5: Children/youth will demonstrate good citizenship as law-abiding, contributing member of family/school/

community. Objective 1: Children and youth will assume personal responsibility for their behavior.

Objective 2: Youth will demonstrate ethical behavior and civic values.

Objective 3: Children/youth will understand & respect people who are different from themselves.

Objective 4: Children/youth will participate in family & community activities.

Objective 5: Children/youth will have positive peer interactions.

Objective 6: Children/ youth will make constructive use of their leisure time.

Objective 7: Youth will delay parenting until adulthood.

Objective 8: Children/ youth will refrain from violence & other illegal behaviors.

Family

Goal 6: Families will provide children with safe, stable and nurturing environments.

Objective 1: Parents/caregivers will provide children with a stable family relationship.

Objective 2: Parents/caregivers will possess & practice adequate child rearing skills.

Objective 3: Parents/caregivers will be literate. Objective 4: Parents/caregivers will be positively involved in child's learning.

Objective 5: Parents/caregivers will have knowledge/ability to access support services for their children.

Objective 6: Parents/caregivers will provide their children w/ households free from physical/emotional abuse, neglect & DV

Objective 7: Parents/caregivers will provide children w/ households free from alcohol & other substance abuse.

Community

Goal 7: NYS communities will provide children, youth and families with healthy, safe and thriving environments.

Objective 1: Communities will be economically sound Objective 2: The environment will be free of pollutants.

Objective 3: Neighborhoods will be crime free. Objective 4: Adequate housing available.

Objective 5: Adequate transportation available.

Goal 8: NYS communities will provide youth & their families w/ opportunities to help them meet their needs for physical, social, moral and emotional growth.

Objective 1: Communities will make available and accessible formal and informal services.

Objective 2: Adults in the community will provide youth w/ good role models and opportunities for positive adult interactions.

Objective 3: Communities will provide opportunities for youth to make positive contributions to community life and to practice skill development.

Programs funded in 2012 through the STOP DWI Program

Programs will be listed in the 2013 Annual Report

Programs funded in 2012 through the Youth Bureau

General Community (Recreation, Youth Service programs)

Town of Afton & Coventry Municipal program	\$0
Bainbridge (Town & Village) summer seasonal program	\$2000
Town of Columbus (seasonal events)	\$380
German (seasonal events) Completion of fencing around playground	\$500
Greene Joint Recreation Commission (Town, Village & Smithville)	\$3000
Guilford swim municipal program	\$1000
Lincklaen (town traip)	\$420
McDonough swim & playground programs; field trips	\$1000
completion of a hiking trail along the perimeter of the town park	
Millbrook Recreation Commission (T NewBerlin)	\$1170
V New Berlin (summer seasonal program & trips)	\$1090
purchase of equipment to enhance their youth service programming	
City of Norwich Youth Bureau (T & C Norwich, No Norwich, Preston, Pharsalia, Plymouth) Recreation program	\$3,555
City of Norwich Youth Bureau	\$4351
Otselc Recreation & Youth Service (Otselc, Pharsalia, Pitcher, Lincklaen) swim & playground programs; field trips	\$2325
Oxford Swim program (Town & Village)	\$2000
Oxford Youth Center (Town & Village, and Center)	\$1100
Pitcher & German contract with Willet program	\$870
Town of Plymouth (field trips and seasonal events)	\$ 550
Town of Preston (field trips and seasonal events)	\$700
Sherburne Recreation Commission (T & V Sherburne, Columbus, No Norwich, T & V Smyrna) pool, playground, open gym	\$5,118
Healthy Choices	\$12,559
County Youth Bureau Administration Aid	\$1,025

Assets inherent within our community because of our recreation & youth service programs are:
 #14 Availability of Positive Role Models; #10 Safety –youth feel safe at home/school/ neighborhood;
 #18 & #20 Youth have equal opportunities to participate in activities (involved 3 or more hours/week,
 and are out with nothing special to do 2 or fewer nights per week).

Assets being worked on through the recreation & youth service programs include:
 #34 Cultural Competence– young people in Chenango County are acquiring knowledge of & comfort
 with persons of varying socioeconomic backgrounds, in the no fee programs offered in the county.

Why do some kids grow up with ease, while others struggle...?

Many factors influence why some young people have successes in life and why others have a harder time. Economic circumstances, genetics, trauma and other factors play a role. But these factors, which may seem insurmountable are not all that matters. Research by the Search Institute has identified 40 concrete, positive experiences and qualities that have a tremendous influence on young people's lives. The more assets youth acquire, the more likely the youth is to make wise decisions, choose positive paths and grow into a competent, caring and responsible adult. Those qualities and abilities are:

40 Developmental Assets

Support

1. Family Support
2. Positive Family Communication
3. Other Adult Relationships
4. Caring Neighborhood
5. Caring School Climate
6. Parent Involvement in School.

Empowerment

7. Community Values Youth.
8. Youth As Resources
9. Service To Others
10. Safety

Boundaries & Expectations

11. Family Boundaries
12. School Boundaries
13. Neighborhood Boundaries
14. Adult Role Models
15. Positive Peer Influence
16. High Expectations

Constructive Use of Time

17. Creative Activities
18. Youth Programs
19. Religious Community
20. Time at Home

Commitment to Learning

21. Achievement Motivation
22. School Engagement
23. Homework
24. Bonding to School.
25. Reading for pleasure

Positive Values

26. Caring
27. Equality & Social Justice
28. Integrity
29. Honesty
30. Responsibility
31. Restraint

Social Competencies

32. Planning & Decision making
33. Interpersonal Competence
34. Cultural Competence
35. Resistance Skills
36. Peaceful Conflict Resolution

Positive Identity

37. Personal Power
38. Self-esteem
39. Sense of purpose
40. Positive View of Future

Used by permission: Search Institute, 700 So Third Street, Minneapolis, MN 55415
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 See their website for additional information: www.search-institute.org

Chenango County

Vision:

“To Build a Strong Foundation for All Youth to become Healthy, Productive members of their Community.”

Mission:

The County Youth Bureau will assist communities & other entities to:

- 1) Prepare youth for their eventual economic self-sufficiency, facilitation of summer youth employment opportunities.
- 2) Children and youth will demonstrate good citizenship as law-abiding, contributing members of their families, schools & communities: by youth participating in constructive leisure time activities.
- 3) Children and youth will have optimal physical and emotional health (ie. Emotional health and free from health risk behaviors).
- 4) New York State communities will provide youth and their families with opportunities to help them meet their needs for physical, social, moral and emotional growth: through communities making available/accessible formal and informal services; community adults will provide youth with good role models and opportunities for positive adult interactions; and communities will provide opportunities for youth to make positive contributions to community life and to practice skill development.

Strategies:

Goal 1. Youth will be prepared for their eventual economic self-sufficiency. (#2)

Objective: Youth seeking summer jobs will have employment opportunities.(#3)

Goal 2. Children and youth will have optimal physical and emotional health. (#3)

Objective: Children and youth will be emotionally healthy. (#5)

Objective: Children and youth will be free from health risk behaviors (e.g. smoking, drinking, substance abuse, unsafe sexual activity). (#6)

Goal 3. Children and youth will demonstrate good citizenship as law-abiding, contributing members of their families, schools and communities. (#5)

Objective. Children and youth will make constructive use of leisure time activities. (#6)

Goal 4. New York State communities will provide youth and their families with opportunities to help them meet their needs for physical, social, moral and emotional growth. (#8)

Objective: Communities will make available/accessible formal and informal services (e.g. child care, parent training, recreation, youth services, libraries, museums, parks). (#1)

Objective: Adults in the community will provide youth with good role models and opportunities for positive adult interactions. (#2)

Objective: Communities will provide opportunities for youth to make positive contributions to community life and to practice skill development. (#3)

() numbers in parentheses correspond to the Goals & Objectives listed in the *Touchstones* on pp 4.

Qualifying for Funding

To be eligible for Youth Bureau funds organizations must be incorporated as a not-for-profit agency under the laws of New York State; and have tax exempt status in accordance with the Federal IRS Code.

Organizations seeking Youth Bureau funding must respond to Request for Proposals (RFP), issued by the Bureau in July for the following years funding. This is an open & competitive process. All services provided through the Youth Bureau are free of charge.

All applications for funding must be approved by the Youth Bureau; Youth Board; Human Resources Committee; County Board of Supervisors; and the NYS Office of Children & Family Services.

What is the County Youth Bureau?

The Youth Bureau has served the communities of Chenango County since 1978, as a department of County Government. It is a public planning, funding, advocacy and coordinating agency for youth and family programs in Chenango. The department is responsible for maintaining current information on youth needs; enhances communication between schools, agencies and government; & allocates OCFS funding.

The Youth Bureau supports a variety of contracted programs designed to provide quality comprehensive services to Chenango county children & families. The Website and staff serve as an information and referral source.

Technical assistance is provided to organizations, municipalities and schools in the areas of program development and management; monitoring and evaluation; planning; and grant sources.

New York State—funding categories **Office of Children & Family Services**

YDDP

Youth Development & Delinquency Prevention:

Recreation, Youth Service, Youth Initiative, Youth Bureau

- Program must be operated by a community based organization or municipality.
- 50% reimbursable funding, the agency or municipality must supply the match.

SDPP

Special Delinquency Program Prevention:

- Program must be operated by a community based organization.
- 100% reimbursable funding for delinquency prevention programs for targeted youth.