



Quit Smoking Get Free Diapers For 6 Months

ARE YOU PREGNANT AND READY TO QUIT SMOKING???

BABY & ME – Tobacco Free Program is a prenatal smoking cessation program designed to help women quit so they can have healthier babies. This program helps women quit smoking and stay smoke free after the baby is born. Women who enroll in the program, quit smoking, and stay tobacco free after the baby is born, will receive \$25 vouchers for FREE diapers per month for 6 months. Women who enroll must also take part in 4 prenatal quit smoking sessions, and agree to take a monthly breath test to prove they are tobacco free.

New! Your supporting partner may be eligible for free diapers also... if he or she quits with you. Call us to ask us for details.



To apply for this program or for more information please call the Chenango County Department of Public Health @607-337-1660 www.babyandmetobaccofree.com