



eat smart
play more
Chobani
healthy challenge

A 12-Week Fitness Competition
Supporting Community Organizations
Starts June 18th 2018 with a kickoff rally at
Weiler Park, Borden Ave., Norwich, NY on Saturday June 16th
The time for the kickoff is 10am at the park

A fun nutrition and fitness challenge to improve individual health and raise money for local charities. Teams will earn points by completing daily fitness and nutrition activities and participating in community health programs as well as special Challenge Events. Teams will compete for \$\$ donations to the local charity of the winner's choice

Individual prize pack will be awarded for participants that demonstrate the largest % change in Body Mass Index (BMI)

To register for the challenge you can complete the attached application or print an application from the Chenango County website <http://www.co.chenango.ny.us>

Registration ends June 18, 2018 and ***space is limited***

For more information contact: Isaiah Sutton, Director of Environmental Health Public Health Department at 607.337.1673 or Isaiahs@co.chenango.ny.us

